

Personal Application

After God's Own Heart Role of Repentance

Find a place where you can be alone. Look back at your list (from removing the barriers) and then move forward with the steps of repentance. Record your thoughts or your prayers below.

Personal Reflection

1. Begin with God—Step into the presence of God with your eyes open

- What do you see when you look at Him?
- What do you see as a you look at yourself?

2. Agree with God—Agree with and accept his evaluation of you and your actions

- Have you sinned against Him?
- What are you doing that is wrong in His sight?
- How does He name the roots?
- Where does He want truth in your inner parts?
- Where does He want wisdom in your inmost place?

Application in pairs

In the following steps you may want to meet with someone else, a person who you trust and/or a person who God has used in your life in the past. Ask them to keep what you discuss in confidence. Share with them what God has shown you in the first two steps. Then together with them confess it clearly before God. Tell God that you agree with Him and accept His evaluation, without making any excuses, shifting the blame or explaining. Continue your prayer with asking Him for forgiveness, cleansing, etc. Complete your prayer by voicing word of commitment to Him (steps 3-4). You may want to ask the person you meet with to ask you questions of accountability in the upcoming weeks.

3. Request from God—Ask Him to cleanse, wash, open, heal, restore, remove, create, renew, keep, empower, change, give, and sustain.

4. Commit to God—Covenant to speak, make right, sing, declare, humble yourself, submit, serve, and worship.